# Preliminary Programme

(rev. 16/07/2017)

Society for Psychotherapy Research
UK & European Chapters
4th joint conference
Oxford, UK, 2017

"Psychotherapy practice and research: Finding the common ground"

Wednesday 20 September – Friday 22 September 2017 Examination Schools, High Street, Oxford, OX1 4BG, UK

# Wednesday, 20 September

# Pre-Conference Workshop

psychotherapy integration Moderator: Lynne Angus, York University, Canada Wednesday | 2:00 PM--5:00 PM | Room 1

Working with narrative in Emotion-focused Therapy: Implications for practice

Lynne Angus, York University, Canada

Naomi Carpenter, York University, Canada

Christianne Macaulay, York University, Canada

Jasmine Khattra, York University, Canada

#### 2.

1.

Pre-Conference Workshop quantitative & qualitative method Moderator: Naomi Petra Moller, Open University Wednesday | 2:00 PM--5:00 PM | Room 11

Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous

Naomi Petra Moller, Open University

Rachel Willcox, University of the West of England

Victoria Clarke, University of the West of England

# 3. **Pre-Conference Workshop**

alliance & interpersonal process

Moderator: Tien Kuei, University of Glasgow Wednesday | 2:00 PM--5:00 PM | Room 14

Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP)

Tien Kuei, University of Glasgow

Pre-Conference Workshop psychotherapy integration Moderator: Irene Messina, University of Padua Wednesday | 2:00 PM--5:00 PM | Room 15

Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities

### **Intensive Transactional Analysis**

**Psychotherapy** Marco Sambin, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy)

Intensive Short-term Dynamic

Psychotherapy Susan Hajkowski, University of
Leicester, UK; Stephen Buller, Psychotherapy
Foundation

5.

**Pre-Conference Workshop** *quantitative & qualitative method* 

Moderator: Shlomo Mendlovic, Tel Aviv University, Israel Wednesday | 2:00 PM--5:00 PM | Room 2

The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy

Discussant: Shlomo Mendlovic, Tel Aviv University, Israel;

# Pre-Conference Workshop

practice-training-research networks

Moderators: Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University

Wednesday | 2:00 PM--5:00 PM | Room 7

# A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD)

Discussants: Armin Hartmann, University of Freiburg, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Irene Messina, University of Padua; Salvatore Gullo, University Niccolò Cusano; Biljana van Rijn, Metanoia Institute; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria;

7.

# **Pre-Conference Workshop**

attachment & development Moderator: Lisa Firestone, Ph.D., The Glendon Association Wednesday | 2:00 PM--5:00 PM | Room 9

Adult Attachment in Romantic Relationships: Overcoming the Fear of Love

8. **Opening Welcome** 

Wednesday | 5:30 PM--6:00 PM | South Writing School

**Opening Welcome** 

Moderators: Susan Hajkowski, University of Leicester, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust; Stig Poulsen, University of Copenhagen, Denmark 9. Wednesday | 6:00 PM--7:30 PM | South Writing

School

**Keynote Address** 

Moderator: Bruce Wampold, University of Wisconsin,

Madison, USA

Research on Psychotherapy Practice: Improving the Quality of Services Bruce Wampold, University of

Wisconsin, Madison, USA

10. Wednesday | 7:30 PM--9:30 PM | North Writing

Welcome Reception School

Welcome reception

# Thursday, 21 September

11. Thursday | 9:00 AM--10:00 AM | South Writing

**Plenary** School

Opening Plenary

Moderator: Felicitas Rost, Tavistock and Portman NHS

**Foundation Trust** 

#### **Panel**

alliance & interpersonal process
Moderator: Adam E J Gibson,
University of Roehampton,
London, UK

Thursday | 10:30 AM--12:00 PM | Room 1
Finding the common ground: Shared
decision-making in psychological therapies
and mental health

Behaviour Change Techniques (BCT's), Shared Decision Making, and Outcomes in Child and Youth Mental Health Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

Client experiences of goal negotiation in the early stages of Pluralistic Therapy Gina Saskjia Di Malta, University of Roehampton, London, UK

Shared decision-making: What do the studies, clients, and interactions say? Triangulating the findings from three methodologies. Adam E J Gibson, University of Roehampton, London, UK

# 13. Panel

alliance & interpersonal process
Moderator: Wolfgang
Tschacher, University of Bern,
Switzerland

Thursday | 10:30 AM--12:00 PM | Room 11

Embodiment and nonverbal synchrony in psychotherapeutic interaction

Evaluating interpersonal synchrony in naturalistic dyadic conversations using Motion Energy Analysis: Lessons from autism spectrum conditions and typical development Alexandra Georgescu, University College London; Antonia Hamilton, University College London; Christine Falter, University Hospital of Cologne, Germany; Kai Vogeley, University Hospital of Cologne, Germany; Wolfgang Tschacher, University of Bern, Switzerland

Does nonverbal timing in patient-therapist interactions predict premature discontinuation in psychotherapy of patients with social anxiety disorder? Désirée Thielemann, Jena University Hospital, Germany; Jane Dittmann, University Trier, Germany; Julian Rubel, University Trier, Germany; Brian Schwartz, University Trier, Germany;

Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany; Bernhard Strauss, University of Jena, Germany; Uwe Altmann, Jena University Hospital, Germany

Nonverbal synchrony: The change of dyadic nowness over the course of psychotherapy, and its relation to outcome Brian Schwartz, University Trier, Germany; Jane Dittmann, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany

Nonverbal synchrony -- a candidate common factor of psychotherapy? Wolfgang Tschacher, University of Bern, Switzerland; Fabian Ramseyer, Abteilung für Psychotherapie, Universitätsklinik für Psychiatrie und Psychotherapie, Universität Be

14.

Panel
child & family
Moderator: Dr Sarah Peter,
Birkheck

Thursday | 10:30 AM--12:00 PM | Room 14

Psychoanalytic child psychotherapy and the medical model

Child psychotherapy with children who are medicated for ADHD: Discourse, power and interdisciplinary practice Dr Sarah Peter, Birkbeck

Encountering a cartwheeling princess: Relational psychoanalytic therapy of a child with attachment difficulties and ADHD Christine Laidlaw, University of South Africa

Psychoanalytic psychotherapy as a form of treatment for a young boy with OCD. Sayi Thomas, Tavistock Clinic, London, UK

The meaning of SSRI medication: a retrospective account from adolescents clinically referred and treated for depression Rita A Maroun, University College London / Anna Freud Centre

#### **Panel**

psychotherapy integration Moderator: Antje Gumz, Berlin University of Psychology Thursday | 10:30 AM--12:00 PM | Room 15 Focusing on patient resources and strengths in psychotherapy

Fostering resilience: Evaluation of an intervention module Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Philipp Victor, Department of Psychology and Psychotherapy, Witten/Herdecke University

A meta-analysis of resource- and strength-focused interventions Antje Gumz, Berlin University of Psychology; Tanja Szeles, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology

Concepts of using patient resources in psychodynamic therapy Thomas Munder, Berlin University of Psychology; Kai Rugenstein, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology

The embodiment approach to patient resources Wolfgang Tschacher, University Hospital of Psychiatry, Bern, Switzerland; Fabian Ramseyer, University Hospital of Psychiatry, Bern, Switzerland

Discussant: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany;

16. Panel Thursday | 10:30 AM--12:00 PM | Room 2 **Spirituality** 

Moderator: Steven J. Sandage, Boston University

Spiritual Care in Hospitals: An Applied Pilot Study of Spiritual Counselling Zehra Ersahin, Social Sciences University of Ankara; Uzeyir Ok, Ibn Haldun University; H. Sinem Ugurlu Bakar, Ankara University Therapists' religious and spiritual beliefs: Locating the sacred within the therapeutic landscape Chetna Duggal, Tata Institute of Social Sciences

Testing a Relational Spirituality Model with Adult Psychotherapy Clients Steven J. Sandage, Boston University; David Paine, Boston University; Elizabeth Ruffing, Boston University; Sarah Moon, Boston University; David Rupert, Boston University; Miriam Bronstein, Boston University; Chance Bell, Boston University; Peter Jankowski, Bethel University

# 17. Panel

Moderator: Johannes Florian Krall, University of Klagenfurt, Austria Thursday | 10:30 AM--12:00 PM | Room 6

Training and therapist Development

How do newly certified integrative and TA psychotherapists experience their professional and personal growth? Spela Krizanec, Medical University Ljubljana; Sara Pristavec, Community Health Centre Domžale; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

A qualitative exploration of child psychotherapists' perspectives on the links between their personal analysis during training and their own practice Coralie Lasvergnas, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Nick Midgley, UCL / Anna Freud National Centre

Therapeutic attitudes and emotional responses in an sample of therapist in training. Mauro Di Lorenzo, Gruppo Scuole Psicoterapia Psicoanalitica (GSPP); Laura Bonalume,; Daniela Brambilla,; Chiara Gnesi,; Daniela Marzana,; Chiara Suttora,; Rossella Di Pierro,

Supervision of psychodrama trainees in counselling and psychotherapy Johannes Florian Krall, University of Klagenfurt, Austria

#### Panel

child & family Moderator: Randi Ulberg, University of Oslo, Norway Thursday | 10:30 AM--12:00 PM | Room 7

Dynamic mechanism, dynamic change, and the depressed adolescents' experience of change in psychodynamic therapy

Structured case formulations in a study on adolescent psychotherapy Peter Tallberg, Østfold Hospital Trust, Norway; Elisabeth Ness, Vestfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Assessment of Dynamic Change in Psychodynamic Psychotherapy with Adolescents Elisabeth Ness, Vestfold Hospital Trust, Norway; Peter Tallberg, Østfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Adolescents' experience of change in psychodynamic therapy; a qualitative study André Løvgren, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway

Discussant: Elina Kanellopoulou, Sismagnolio General Hospital, Greece;

19. **Panel** 

evidence-based psychotherapies Moderator: Irene Messina, University of Padua Thursday | 10:30 AM--12:00 PM | Room 9
Effectiveness of short-term psychodynamic psychotherapy

Intensive transactional analysis psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Marco Sambin, University of Padua

The change process in short intensive dynamic psychotherapy Jan Derksen,

Convergence between neurobiological models of psychotherapy and the I.T.A.P. theory Marco Sambin, University of Padua; Irene Messina, University of Padua

Discussant: Felicitas Rost, Tavistock and Portman NHS Foundation Trust;

## **Brief Paper Session**

Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

# Thursday | 10:30 AM--12:00 PM | Room 10 **Culture**

Social inequalities and therapeutic practice in the Social Clinics of Athens: An exploratory inquiry into the work of volunteer counsellors Christina Sachpasidi, University of Edinburgh

Elephants in the room!: Counselling non-English speaking clients through interpreters. Merih B Fidan, University of Leicester, UK

Pride or Prejudice? : The Role of Ethnicity and Culture in the Mental Health and Professional Development of Medical Students. Diana Bass, Kings College London. University of Exeter (UK) Diana Bass, University of Exeter

Psygration: Proof of concept for an online cross-language platform for psychological assessment. Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

# 21. **Brief Paper Session**

Moderator: Jarl Wahlström, University of Jyväskylä Thursday | 10:30 AM--12:00 PM | Room 8 Single case studies I

A contrasting juxtaposition of analyzing a dream series by the dream interpretation method of depth psychology including individual psychology and psychoanalysis andthe dream generation model of U. Moser and I. von Zeppelin Gabriela Pap, Medical University of Vienna, Austria

Complex trauma and (therapeutic) relationships: A single-case study. Kimberly Van Nieuwenhove, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

Why did she leave? An evidence-based case study of a dropout in an effective psychotherapy of depression Petr Dolezal, Masaryk University, Faculty of Social Studies, Brno, CZ; Michal Cevelicek, Masaryk University

Displaying Agency Problems at the Outset of Psychotherapy Jarl Wahlström, University of Jyväskylä; Minna-Leena Seilonen, University of Jyväskylä

# 22. Lunch

Thursday | 12:00 PM--1:30 PM | North Writing School

**Lunch / Special Interest Groups** 

23.

Thursday | 1:30 PM--2:30 PM | Room 1 **UK Chapter Meeting** 

Moderator: Felicitas Rost, Tavistock and Portman NHS

**Foundation Trust** 

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Thursday | 1:30 PM--2:30 PM | Room 6 **European Chapter Meeting** 

Moderator: Stig Poulsen, University of Copenhagen,

Denmark

25.

## Panel

quantitative & qualitative method Moderator: Melissa Miléna De Smet, Ghent University, Belgium

Thursday | 2:30 PM--4:00 PM | Room 1

Moving towards clinically relevant research acknowledging the responsibility of the researcher

Shaping the object of science throughout the data collection process in psychotherapy research Ufuoma Norman, Ghent University, Belgium; Femke Truijens, Ghent University, Belgium;

Mattias Desmet, Ghent University, Belgium

An idiosyncratic approach to the study of outcome: integrating the first-person perspective into standard outcome research Melissa Miléna De Smet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium

Q-Sort Methodology: Making Assessment Measures Clinically Meaningful Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Discussants: Stig Poulsen, University of Copenhagen, Denmark

#### Panel

alliance & interpersonal process Moderator: Eva Bänninger-Huber, University of Innsbruck, Austria Thursday | 2:30 PM--4:00 PM | Room 11

Affective relationship patterns and working alliance

Prototypical Affective Microsequences (PAMs) and feelings of countertransference in psychoanalytic psychotherapy Eva Huber, University of Innsbruck; Michael Hafener, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

The Interactive Organization of Intense Gaze
Avoiding Laughter Peter Muntigl, University of
Ghent; Eva Bänninger-Huber, University of
Innsbruck, Austria

Interactive emotion regulation in the context of crying Eva Bänninger-Huber, University of Innsbruck, Austria; Michael Pöll, University of Innsbruck, Austria

Discussant: Wolfgang Tschacher, University of Bern, Switzerland;

# 27. Panel

child & family Moderator: Evrinomy Avdi, Aristotle University of Thessaloniki Thursday | 2:30 PM--4:00 PM | Room 14

Exploring aspects of the therapeutic process in Parent Infant Psychotherapy

Exploring shifts in parental constructions of the infant during parent infant psychotherapy Nancy Rostant, University College London; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna FReud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK

Patterns of Maternal Behaviour Associated with the Development of Infant Disorganised Attachment and Clinical Technique in Parent-Infant

Psychotherapy Sarah Anne Miltz, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna FReud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK How Babies Actively Engage in Therapy: A naturalistic observational study of a baby in Parent Infant Psychotherapy Elaine Pennicott-Banks, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Michelle Sleed, Anna Freud Center, London, UK

Discussant: Esther Cohen, Hebrew University, Jerusalem, Israel;

Thursday | 2:30 PM--4:00 PM | Room 2

New directions in assimilation model research: Theory-building case studies on setbacks, dementia, bereavement, and digital imagery

Therapist activities preceding setbacks in a poor-outcome case Isabel Caro Gabalda, University of Valencia, Spain; William B Stiles, Miami University, Oxford, USA

Dementia and existential threat: negotiating the fear of a loss of control Richard Iain Lloyd Cheston, University of the West of England

Assimilation of grief experiences following spousal bereavement. John Wilson, York St John University

Digital images as therapeutic meaning bridges. Case Study research into the use of avatar based software by adolescents in school counselling Biljana van Rijn, Metanoia Institute; Caroline Falconer, University of Nottingham, UK; Evi Chryssafidou, Metanoia Institute; William B Stiles, Miami University, Oxford, USA

# 28. Panel

alliance & interpersonal process Moderator: William B Stiles, Miami University, Oxford, USA

# 29. **Panel**

practice-training-research networks Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria Thursday | 2:30 PM--4:00 PM | Room 6

Competence development in Psychotherapy
Training

Mentalizing in psychotherapy training. An exploratory study on change in mentalizing skills as an effect of psychotherapy training Ingrid Pleschberger, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

MASC to assess the mentalization capacity of therapists before and after a standardized MBT-training. Richard Horn, Medical University of Vienna, Austria; Isabella Klaus, Kaiser Franz Joseph Hospital Vienna, Psychiatric Department, Vienna Austria; Kurt Stastka, Kaiser Franz Joseph Hospital, Psychiatric Department, Vienna; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Science and Heritage: Towards Competence **Development in Person-Centred Psychotherapy Training** Brigitte Macke-Bruck, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Changes in empathy, mentalization and the development of psychoanalytic core competences in psychotherapy trainees in the course of their training compared to experienced psychotherapists. Isabelle Wolf, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussants: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany;

Thursday | 2:30 PM--4:00 PM | Room 7 Treatment of adolescent depression

Cognitive behavioural therapy and short-term psychoanalytic psychotherapy versus a Brief Psychosocial Intervention in adolescents with unipolar major depressive disorder (IMPACT): a randomised controlled superiority trial Shirley Reynolds, University of Reading

Inside the therapy room - additional findings from IMPACT using the Comparative Psychotherapy Process Scales (CPPS) and the Adolescent Psychotherapy Q-Set (APQ). Nick Midgley, UCL/ Anna Freud National Centre; Sally O'Keeffe, University College, London, UK; Ana Calderon, University College, London, UK

30.

### Panel

evidence-based psychotherapies Moderator: Antonella Cirasola, Anna Freud Center, London, UK Neuroanatomical Perspectives on the Aetiology and Treatment of Young People with Depression John Suckling, University of Cambridge

### 31.

#### **Panel**

quantitative & qualitative method Moderator: John McLeod, Oslo University, Norway Thursday | 2:30 PM--4:00 PM | Room 8 Innovative strategies for qualitative research into the person of the therapist

The 'Professional Ex': Collaboration in research with addiction counsellors with lived experience Marguerite Woods, Institute for Integrative Counselling and Psychotherapy, Dublin

Transference: A theatre play - and how it was created from research interviews with senior therapists Marit Råbu, University of Oslo, Norway

How the experience of being a client has informed the practice of a group of experienced psychotherapists: a collective autoethnography John McLeod, Oslo University, Norway

# 32.

#### Panel

evidence-based psychotherapies Moderator: Stephen Buller, Psychotherapy Foundation Thursday | 2:30 PM--4:00 PM | Room 9
Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)

Therapist interventions and rupture resolution of the therapeutic alliance in psychodynamic psychotherapy: Comparing responders and nonresponders Yves de Roten, Lausanne University, Switzerland

Clinical and Cost Effectiveness of Short-Term Psychodynamic Psychotherapy (STPP) as a Frontline Treatment for Somatoform Disorders in Primary Care Stephen Buller, Psychotherapy Foundation; Susan Hajkowski, University of Leicester, UK Developing a Rating Scale for the Evaluation of Ego Capacity in Short-Term Psychodynamic Psychotherapy (STPP) Susan Hajkowski, University of Leicester, UK

Discussant: Johannes C. Ehrenthal, University of Klagenfurt, Austria;

Thursday | 2:30 PM--4:00 PM | Room 10 **Measures II** 

33. **Brief Paper Session** 

Moderator: Francesca Giannone, Università di Palermo, Italy

The MATRIXscore- A Novel Tool for Measuring
Theoretical Approaches of Psychodynamic
Sessions Amit Saad, Shalvata Mental Health Center,
Tel-Aviv University, Israel; Shlomo Mendlovic, Tel
Aviv University, Israel; Boaz Schwarz, Bar-Ilan
University, Israel; Ariel Ben-Yehuda, Shalvata Mental
Health Center, Israel

Assessing treatment integrity in EFT: Tools for research and training Marina Lopes Monteiro, ISMAI - University Institute of Maia; Carla Cunha, ISMAI -- University Institute of Maia, Portugal Daniela Nogueira, ISMAI -- University Institute of Maia, Portugal; João Salgado, ISMAI -- University Institute of Maia, Portugal

Psychometric Properties of the Outcome Rating Scale (ORS) and Session Rating Scale 3.0 (SRS 3.0) in a Spanish Clinical Sample Danilo Moggia, Universitat de Barcelona, Spain; Noelia Niño-Robles, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Scott D. Miller, Center for Clinical Excellence

The Italian adaptation of the Group Questionnaire:validity and factorial structure Francesca Giannone, Università di Palermo, Italy; Maria Di Blasi, Università di Palermo; Cecilia Giordano, Università di Palermo, Italy; Cinzia Guarnaccia, Paris 8 University (Saint-Denis, France); Salvatore Gullo, University Niccolò Cusano; Gianluca

Lo Coco, Università di palermo, Italy

# **Brief Paper Session**

# Thursday | 2:30 PM--4:00 PM | Room 15 Mentalization and Reflective Functioning

Moderator: Markus C. Hayden, Alpen-Adria Universität Klagenfurt

Mentalization, interpersonal problems, and attachment in close relationships over the course of treatment Markus C. Hayden, Alpen-Adria Universität Klagenfurt; Pia K. Müllauer, University of Klagenfurt, Austria; Sylke Andreas, Universität Witten, Germany

# Mentalization and its relationship to attachment and trauma in borderline personality disorder $\ K$

Dharani Devi, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Prabha Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India

The Relation between the Therapist's Performance concerning Unconscious Tests and the Patient's Level of Reflective Functioning: An Explorative Study Denise Zeyer, Universität Witten, Germany; Carolina Seybert, IPU Berlin; Dorothea Huber, IPU Berlin; Isa Sammet, Klinikum Christophsbad; Sylke

Andreas, Universität Witten, Germany

Reflective Functioning in Couple Therapy for Depression: Comparative Case Study of Good and Poor Outcomes Lotta Aura Heiskanen, The Finnish Family Federation

35. **Structured Discussion** *evidence-based psychotherapies Moderator: Naomi Petra* 

Moller, Open University

Thursday | 4:30 PM--6:00 PM | Room 9
Uses and/or abuses of research? The 2017
NICE Guidelines for depression and the
future of counselling and psychotherapy in
treatment for depression in the NHS in
England

#### **Panel**

practice-training-research networks Moderator: Sheila Butler, The Open University UK and KMPT NHS Thursday | 4:30 PM--6:00 PM | Room 1

Nurturing Common Ground with Practice

Oriented Research and Practice Research

Networks

**Practice-research Landscapes** Sheila Butler, The Open University UK and KMPT NHS

Experiences of early stage therapists and researchers in the development of a Practice Research

Network Javier Fernández Alvarez, Universitat

Jaume I

Using messy real data to advance understanding; CORC's approach Miranda Wolpert, Anna Freud Center, London, UK

Reflections and Ways forward: Can participatory and collaborative POR and PRN models strengthen and add new dimensions to research and practice? Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK

Discussants: Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK; Javier Fernández Alvarez, Universitat Jaume I; Javier Fernández Alvarez, Universitat Jaume I; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK; Miranda Wolpert, Anna Freud Center, London, UK;

Thursday | 4:30 PM--6:00 PM | Room 10 Measures I

37. **Panel** 

Moderator: Henning Schauenburg, Heidelberg University, Germany

Perceptions of Active Processes in Psychotherapy: Development of the Perceived Active Mechanisms of Psychotherapy Scale Dana Tzur Bitan, Shalvata Mental Health Center; Aryeh Lazar, Ariel University; Ben Siton, Ariel University

### The Development of the Relational Needs

Scale Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska; Karolina Jovanoska, Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia

Operationalized Psychodynamic Diagnosis (OPD) - an English E-Learning Course for a well implemented and broadly used clinical tool Henning Schauenburg, Heidelberg University, Germany; Simone Jenissen, Heidelberg University, Germany; Manfred Cierpka, Heidelberg University, Germany

# 38. **Panel**

psychotherapy integration Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

# Thursday | 4:30 PM--6:00 PM | Room 11 Complexity science and psychotherapy research

A dynamic systems approach to therapeutic alliance: Relational attunement and treatment outcome Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Johann Kleinbub, University of Padua; Arianna Palmieri, University of Padua; Goria Lagetto, University of Salento; Erhard Mergenthaler, University of Ulm

# PSYCHOPHYSIOLOGIAL SYNCRONIZATION AND EMOTIONAL-COGNITIVE REGULATION IN PSYCHODYNAMIC PSYCHOTHERAPY: A PILOT

STUDY Arianna Palmieri, University of Padua; Johann Kleinbub, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Erhard Mergenthaler, University of Ulm; Sergio Salvatore, University of Salento; Goria Lagetto, University of Salento

Developing clinically useful conceptualisation of complexity in family and relational systems: Preliminary findings from Case-Based research with "traumatized and traumatizing families". Sophie Holmes, Williams Road Family Therapy Centre

#### **Panel**

Thursday | 4:30 PM--6:00 PM | Room 14 **Parents in psychotherapy** 

Moderator: Naama Gershy, Hebrew University, Jerusalem, Israel

Parental stress in the face of early regulatory disorders in infancy -- what matters most? Anna K. Georg, Heidelberg University, Germany; Paul Schröder, Heidelberg University, Germany

Mindfulness skills training in the community- from nomothetic approach to individualized intervention Naama Gershy, Hebrew University, Jerusalem, Israel

40. **Panel**  Thursday | 4:30 PM--6:00 PM | Room 15 Mentalization-based treatment

Moderator: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Intensive outpatient Mentalization-Based Treatment (MBT-IOP) for Borderline Personality Disorder in adult population: A pilot study. Beatriz García Ruiz, Autonomous University of Barcelona & Sant Pere Claver Health Foundation, Barcelona, Spain; Carla Mañós Serrat, Sant Pere Claver Health Foundation. Barcelona, Spain; Glòria Mateu Vives, Sant Pere Claver Health Foundation, Barcelona, Spain

From clinical research to the development of a new treatment modality -- Mentalization-based Therapy for adolescents with conduct disorder Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany

Reactivity to Social Exclusion in Borderline
Personality Disorder Is Associated with Therapeutic
Alliance in Mentalization-Based Group
Therapy Sebastian Euler, University of Basel;
Mareike Busmann, University of Basel; Johannes
Wrege, University of Basel; Marc Walter, University
of Basel

#### Panel

child & family Moderator: Antonella Cirasola, Anna Freud Center, London, UK Thursday | 4:30 PM--6:00 PM | Room 7

Parental experiences of infant, child and adolescent mental health diagnosis and treatment

A Qualitative Study of Therapy Experience for Depressed Mothers Receiving Parent-Infant Psychotherapy with their Infants Sarah Elizabeth Spitzfaden, Anna Freud Center, London, UK; Michelle Sleed, Anna Freud Center, London, UK; Tessa Baradon, Anna Freud National Centre for Children and Families; Evrinomy Avdi, Aristotle University of Thessaloniki

Child parent psychotherapy (CPP) - an evidence based model for treatment of traumatized children aged 0-6 Anna Norlén, The Erica Foundation, Stockholm, Sweden

The experience of being the parent of an adolescent with a diagnosis of depression in the UK Emily Stapley, Anna Freud National Centre for Children and Families and UCL; Mary Target, Anna Freud National Centre for Children and Families and UCL; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Esther Cohen, Hebrew University, Jerusalem, Israel;

Thursday | 4:30 PM--6:00 PM | Room 8

Psychological advocacy towards healing (PATH): A randomized controlled trial and qualitative analysis of a new psychological intervention in domestic violence services.

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### Panel

quantitative & qualitative method

Moderator: Roxane McKechnie Agnew-Davies, University of

Bristol

PATH (Psychological advocacy towards healing)
Model Roxane McKechnie Agnew-Davies,
University of Bristol

A randomized controlled trial of PATH in domestic violence services Gene Feder, University of Bristol; Giulia Ferrari, University of Bristol

Women's experiences of a trial of a specialist psychological advocacy intervention following domestic violence or abuse: a nested qualitative study Maggie Evans, University of Bristol

Discussant: Gene Feder, University of Bristol;

Thursday | 4:30 PM--6:00 PM | Room 2

Change processes II

The Structure of Change in Psychotherapy: General or Specific Factors? Matthew Paul Constantinou, University College, London, UK; Liz Allison, University College, London, UK; Peter Fonagy, University College, London, UK

Does the Phase Model Predict Patterns of Change in Couple Therapy? Robert J. Lueger, Wisconsin School of Professional Psychology; William Pinsof, Pinsof Family Systems

Therapeutic Alliance, Therapist Allegiance, and Therapist Adherence in a Randomized Controlled Pilot Trial comparing Cognitive Behavioral Therapy and Systemic Therapy for Social Anxiety Disorder Anna Sandmeir, University Hospital Heidelberg; Christina Hunger, University Hospital, Heidelberg, Germany; Rebecca Hilzinger, University Hospital, Heidelberg, Germany; Johannes Mander, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Jochen Schweitzer, University Hospital, Heidelberg, Germany

The cognitive change process in CBT - The evolution of cognitive restructuring throughout the therapeutic process Nuno Peres de Sousa, University Institute of Maia - ISMAI; Carlos Correia, Instituto Universitário da Maia - ISMAI; João Salgado, ISMAI -- University Institute of Maia, Portugal; Liliana Meira, University Institute of Maia - ISMAI; Anita Santos, University Institute of Maia - ISMAI

Measuring the outcome of psychotherapy: Some remarkable psychometric observations. Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium

# 43. **Brief Paper Session**

Moderator: Mattias Desmet, Ghent University, Belgium

### **Brief Paper Session**

Thursday | 4:30 PM--6:00 PM | Room 6 Therapist perspectives

Moderator: Tomas Rihacek, Masaryk University in Brno, Czech Republic

A study of the working interface between the different therapy and counselling modalities in a low-cost service Mary Lister Ashby, Exeter University

A Question of Process: Implicit Theories Concerning the Relationship of Psyche and Soma in the Analytic Encounter Ann Addison, Society of Analytical Psychology

An exploration of how psychoanalytic practitioners understand Voluntary Childlessness in the clinical setting. Sheila O'Sullivan, Centre for Psychoanalytic Studies, Essex, UK

Dimensions of therapeutic relationship: The therapist perspective Tomas Rihacek, Masaryk University in Brno, Czech Republic; Jan Roubal, Masaryk University in Brno, Czech Republic

# 45. **Poster Session**

Thursday | 6:00 PM--8:00 PM | North Writing School **Poster session** 

Harnessing nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Tien Kuei, University of Glasgow

A Qualitative Analysis of Novice Therapists'
Hesitation to Using Voluntary Self-Disclosure and
Developmental Process of the Professional
Self Akihiro Kusaoka, Hokkaido University, Japan

Couple therapy practice in India Chetna Duggal, Tata Institute of Social Sciences

Adolescent patients' responses to transference interpretations focused on endings in short-term psychoanalytic psychotherapy elena della rosa, University of Essex

Psychotherapy Group Supervision for Graduate Students: The Role of Group Processes in Fostering Therapeutic Skills Shulamit Geller, The Academic College of Tel-Avivv Yaffo; Keren Hanetz-Gamliel, The Academic College of Tel Aviv-Yafo UK secondary school therapists' online communication with their clients and potential development in this area. Jeanette Hennigan, Middlesex University & Metanoia Institute; Stephen Goss, Middlesex University and Metanoia Institute

Guilt eliciting narratives and their enactment in psychotherapeutic interaction Sabine Monsberger, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

What works for whom and how?Mechanisms of change in psychotherapy -- the MOP study.A randomized study of psychodynamic and cognitive behavioural therapy for patients with depressive disorder. Randi Egeland, Oslo University Hospital, Norway; Julie Horgen Evensen, Oslo University Hospital, Norway; Theresa Wilberg, Oslo University Hospital, Norway; Randi Ulberg, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway

The headache of transcribing psychotherapy sessions: a researcher's panacea John Wilson, York St John University

Laughing in psychoanalytic psychotherapy:Functions and facial prototypes Stefan Salvenauer, Institute of Psychology, Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria; Reto Bergauer, Institute of Psychology, Innsbruck, Austria

A New Shift? Explicit and Implicit Mentalizing in Parent-Infant Psychotherapy: A Mixed Methods Design. Rose Spencer, University of East London, UK

Development and refinement of the Vital Parenting Tasks (VPT) model for parent-child psychotherapy Laine Jaderberg, Metanoia Institute / Middlesex University

Processes of affective regulation in the context of transference interpretations Julia Baumgartner, Universität Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria

Therapist interventions and parental responses associated with emotional processing in the context of attachment-based family therapy (ABFT). Noa Tsvieli, Ben Gurion University, Beer Sheva, Israel; Gary M. Diamond, Ben Gurion University, Beer Sheva, Israel

Associations of early childhood adversities with psychiatric problems, psychological functioning, and suitability for psychotherapy in adulthood -- specific patterns of vulnerability and resources in a sample of depressed and anxious outpatients Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Paul Knekt, National Institute for Health and Welfare, Helsinki, Finland; Tommi Härkänen, National Institute for Health and Welfare, Helsinki, Finland; Esa Virtala, National Institute for Health and Welfare, Helsinki, Finland; Olavi Lindfors, National Institute for Health and Welfare, Helsinki, Finland

Learning to Continue to Develop Professionally: An Exploration of Therapists' Experience of Continuing Professional Development in a Higher Education setting: A preliminary study. Afra Turner, Middlesex University and Metanoia Institute London; Stephen Goss, Middlesex University and Metanoia Institute

When Life Gets in the Way: A systematic review of the assessment of life events in change over the course of psychotherapy for depression and anxiety in children and adolescents Emily Blackshaw, University of Roehampton; Mick Cooper, University of Roehampton; Chris DH Evans, University of Roehampton

Motivation to Change as a Mechanism of Mindfulness in Individual Trainee Psychotherapy of Depression and Anxiety: Results of a pragmatic Randomized Controlled Trial Paula Kröger, Heidelberg University, Germany; Paul Blanck, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Thomas Heidenreich, University of Applied Sciences Esslingen; Johannes Mander, Heidelberg University, Germany

Understanding mechanisms of psychotherapeutic action Jean-Michel Thurin, National Institute for Health and Medical Research France; Monique Thurin, National Institute for Health and Medical Research France

The causality of change, a bridge between research and practice Monique Thurin, National Institute for Health and Medical Research France; Jean-Michel Thurin, National Institute for Health and Medical Research France

The Single Case Archive Liza Notaerts, Ghent University, Belgium; Juri Krivzov, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

Tracking Change in Italian Trainees' Experience of Therapeutic Work: preliminary Results of a two-year Longitudinal Evaluation Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Intensive Transactional Analysis Psychotherapy: a single-case series Irene Messina, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Francesca Bianco, University of Padova, Italy; Enrico Benelli, Centro Psicologia Dinamica, Padova; Marco Sambin, University of Padua

A systematic review and meta-analysis on the prevalence of personality disorders in the general adult population in Western countries Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Therapists' attachment states of mind predict the quality of therapists' attunement in-session:
Validation study of the Therapist Attunement Scales (TASc) Alessandro Talia, Heidelberg University, Germany; Laura Muzi, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Narcissism and countertransference : Affective and relational characteristics of the client and therapist Philippe Bégin, Université de Sherbrooke; Delphine Séguin, Université de Sherbrooke; Amylie Paquin-Boudreault, Université de Trois-Rivière; Éléonore Sabourin-Guardo, Université de Sherbrooke; Jean Descôteaux, Université de Sherbrooke; Olivier Layerdière. Université de Sherbrooke

The first sessions of psychotherapy: A qualitative meta-analysis of alliance formation processes Kristina Osland Lavik, Helse Førde, Norway

Different trajectories of symptoms change in Prolonged Exposure therapy for PTSD and their predictors. Karolina Staniaszek, University of Warsaw, Poland

The Depression Conundrum and The Advantages of Uncertainty Jan Edmond Celie, Ghent University, Belgium

# Friday, 22 September

46.

# **Structured Discussion**

evidence-based psychotherapies Moderator: Randi Ulberg, University of Oslo, Norway Friday | 8:30 AM--10:00 AM | Room 14

How to Develop Research on Individualized Psychotherapy Treatment of Young People with Mental Disorders?

Specific markers (moderators) in youth psychotherapy Stig Poulsen, University of Copenhagen, Denmark

Mechanisms of change (mediators) in youth psychotherapy Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Age customized process and treatment measures in youth psychotherapy Fredrik Falkenström, Stockholm University, Sweden

Age customized research designs in youthe psychotherapy Julian Childs, University College, London, UK

Dissemination of results and communication with stakeholders Michael Kaess, University of Bern, Switzerland

Discussants: Randi Ulberg, University of Oslo, Norway; Randi Ulberg, University of Oslo, Norway; Elina Kanellopoulou, Dismanoglia General Hospital, Greece;

Friday | 8:30 AM--10:00 AM | Room 9

Evidence and Politics in the Mental Health Treatment Guideline Process: What Role for Psychotherapy Research?

Jeremy Clarke, London School of Economics

Robert Elliott, University of Strathclyde, Glasgow, UK

Discussants: Robert Elliott, University of Strathclyde, Glasgow, UK; Jeremy Clarke, London School of Economics;

Friday | 8:30 AM--10:00 AM | Room 1

Paraphilias, Violence and Personality

Disorder: Implementing Clinical Research at the Portman Clinic

Trials and tribulations of implementing a randomized controlled trial of MBT for antisocial personality disorder in the UK Criminal Justice

**System** Jessica Yakeley, Portman Clinic, London, UK

Paraphilias and personality disorder: Changes in personality functioning as a result of long-term psychoanalytic psychotherapy Felicitas Rost, Tayistock and Portman NHS Foundation Trust

Tracking subtle changes in personality functioning and in behaviour: A Case Study Stephen Blumenthal, Portman Clinic, London, UK

# 47. **Structured Discussion** *evidence-based*

psychotherapies Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

48. **Panel** 

evidence-based psychotherapies Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

#### **Panel**

Friday | 8:30 AM--10:00 AM | Room 10 Work-related stress in therapists

Moderator: Jasenka Lukac-Greenwood, Metanoia Institute

An evaluation of the use of cognitive analytic concepts in organisational service delivery for clients with multiple complex needs. Karen Shannon, DKS Associates Liverpool; Glenys Parry, University of Sheffield, UK

A Mixed Methods Approach Investigating Cognitive Changes in Vicarious Trauma within Trainees and Qualified Therapists Emma Louise Milard, Nottinghamshire Healthcare NHS Trust, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Thomas Schröder, University of Nottingham, UK

Let's talk about sex: An Investigation into female psychotherapists' experience of male clients' sexual attraction towards them. Jasenka Lukac-Greenwood, Metanoia Institute; Biljana van Rijn, Metanoia Institute

# 50. Panel

alliance & interpersonal process Moderator: Eugénia Ribeiro, University of Minho Friday | 8:30 AM--10:00 AM | Room 11

Psychophysiological correlates of Therapy

Process Quality and Client's Change

Psychophysiological markers of change in psychotherapy: An exploratory case study Joana Ribeiro Silva, Psychology Research Center, University of Minho; Daniela Alves, Psychology Research Center; University of Minho; Patrícia Oliveira-Silva, Portuguese Catholic University; Carina Magalhães, Psychology Research Center, University of Minho; Inês Sousa, Mathematics Department, University of Minho; Miguel Gonçalves, Psychology Research Center, University of Minho

Therapeutic Collaboration and Psychophysiological Synchrony: A Single Case Study Angela Ferreira, Psychology Research Center, University of Minho; Inês Sousa, Mathematics Department, University of Minho; Adriana Sampaio, Psychology Research Center, University of Minho; Eugénia Ribeiro, University of Minho

Dyads' psychophysiological activity during smooth and rough sessions Eugénia Ribeiro, University of Minho; William B Stiles, Miami University, Oxford, USA; Adam Horvath, Simon Fraser University; Inês Sousa, Mathematics Department, University of Minho; Adriana Sampaio, Psychology Research Center, University of Minho; Angela Ferreira, Psychology Research Center, University of Minho

# 51. **Panel**

Friday | 8:30 AM--10:00 AM | Room 15

Personality characteristics in psychotherapy I

Moderator: Michal Mielimaka, Jagiellonian University Medical College

Resistance, defensiveness, auto-presentation in patients treated for neurotic and personality disorders with group psychodynamic psychotherapy -- patterns of symptoms reporting Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Michal Mielimaka, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

Importance of attachment styles in psychological treatment of patients with substance use disorders Ylva Gidhagen, Linköping University (Sweden); Rolf Holmqvist, Linköping University, Stockholm, Sweden; Björn Philips, Stockholm University, Sweden

Coping strategies in patients treated with group psychotherapy for neurotic and personality disorders Michal Mielimaka, Jagiellonian University Medical College; Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

#### **Panel**

quantitative & qualitative method Moderator: Aarno A. Laitila, University of Jyväskylä Friday | 8:30 AM--10:00 AM | Room 2

Relational Mind: Doing relational research on embodiment and experience in couple therapy

Preliminary steps into mixed methods case study: the value of ANS measures for couple therapy research Aarno A. Laitila, University of Jyväskylä

Embodied dialogue in a couple therapy -- bodily mirroring behavior and the spoken dialogue Petra Nyman-Salonen, University of Jyväskylä

Bridging research and clinical intervention:
Stimulated Recall Interviews as creation of meaning in the personal, couple and therapeutic
system Maria Borcsa, University of Applied Sciences Nordhausen

Discussant: John McLeod, Oslo University, Norway;

# 53.

### **Panel**

practice-training-research networks Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria) Friday | 8:30 AM--10:00 AM | Room 6 Psychotherapy training research

Personal background, motivation and Interpersonal style of psychotherapy trainees with different theoretical orientations: Preliminary results from the Italian context Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Development of relational abilities in the process of becoming a psychotherapist: Preliminary results from the Austrian context Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Vanessa Freitag, Sigmund Freud University Vienna; Irene Messina, University of Padua

Empathy in Psychoanalysis and Medical Education:
What can we learn from each other? Felicitas
Datz, Medical University Vienna; Karoline Parth,
Medical University of Vienna; Ingrid Preusche,
Medical University of Vienna, Austria; Henriette
Löffler-Stastka, Medical University of Vienna, Austria

Discussant: David Orlinsky, University of Chicago, USA;

Friday | 8:30 AM--10:00 AM | Room 7

Panel Title: Using a mentalizing approach to meet the mental health needs of children and their families

54. **Panel** 

child & family Moderator: Antonella Cirasola, Anna Freud Center, London, UK

> The Herts and Minds Study: Evaluating the effectiveness of Mentalization-Based Treatment (MBT) as an intervention for children in foster care Nick Midgley, UCL / Anna Freud National Centre: Sarah Jane Besser, University of Hertfordshire; Helen Dye, University of Hertfordshire; Pasco Fearon, University College London; Tim Gale, Hertfordshire Partnership University NHS Foundation Trust; Kiri Jefferies-Sewell, Hertfordshire Partnership University NHS Foundation Trust; Karen Irvine, Hertfordshire Partnership University NHS Foundation Trust; Joyce Robinson, Hertfordshire Partnership University NHS Foundation Trust; Solange Wyatt, University of Hertfordshire; Sally Wood, Anna Freud Center, London, UK; David Wellsted, University of Hertfordshire

A feasibility study of the Reflective Fostering
Programme (RFP) Sheila Redfern, Anna Freud
Center, London, UK; Alistair Cooper, Anna Freud
Center, London, UK; Grace West, Anna Freud Center,
London, UK; Antonella Cirasola, Anna Freud Center,
London, UK; Nick Midgley, UCL / Anna Freud
National Centre

The Lighthouse Mentalization Based Treatment Parenting Programme for maltreating
parents Michelle Sleed, Anna Freud Center, London,
UK; Gerry Byrne, Oxford Health NHS Foundation
Trust

#### Panel

Friday | 8:30 AM--10:00 AM | Room 8 Single case studies II

Moderator: Ruth Inslegers, Ghent University, Belgium

The evolution of the culture of publishing case studies: away from the Obscure, rediscovery of the Ordinary Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium

The 'good' versus the 'bad'. A comparison between 'good', 'mixed' and 'poor' outcome published single case studies using the Single Case Archive. Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ghent University, Belgium

Patients' experiences with routine outcome monitoring (ROM) and clinical feedback (CF) systems: a systematic review and synthesis of qualitative empirical literature Stig Magne Solstad, Helse Førde; Christian Moltu, Helse Førde; Louis Castonguay, Penn State University, University Park, USA

Case study research into psychotherapies for people that present with physical symptoms, 2012-2016: A review of the literature John Hills, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

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#### **Panel**

Moderator: Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital Friday | 10:30 AM--12:00 PM | Room 1

Naturalistic outcome studies

Embedding outcome research in daily practice: The Cambridge Community Personality Disorder Service. Amanda Spong, Cambridgeshire & Peterborough NHS Trust; Lucy Fergusson, Cambridge and Peterborough Foundation NHS Trust; mark morris, Cambridge and Peterborough Foundation NHS Trust

The effectiveness of couple therapy: outcomes in a naturalistic United Kingdom setting David Stuart Hewison, Tavistock Relationships, London UK; Michele Birtel, Tavistock Relationships, London UK

Naturalistic follow-up study among adolescent psychiatric patients: are psychotherapeutic interventions effective in clinical settings and who drop out? Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital; Jari Lahti, Helsinki Collegium for Advanced Studies, Finland; Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland; Jari Lipsanen, University of Helsinki; Nina Lindberg, University of Helsinki and Helsinki University Hospital

Routine Measurement and Feedback - Evidence that therapists can significantly increase their personal effect size Jeb Brown, Center for Clinical Informatics; Ashley Simon, Center for Clinical Informatics

# 57. **Panel**

attachment & development Moderator: Alessandro Talia, Heidelberg University, Germany Friday | 10:30 AM--12:00 PM | Room 10

The impact of In-session Attachment and
Mentalizing on Psychotherapy Process and
Outcome: moderation and change

The relationship between in-session attachment, reflective functioning and therapeutic alliance in CBT-E and PPT for bulimia nervosa Frederik Scharff, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark

In-session attachment in two treatment modalities:outcome moderation and change Paul Schröder, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany

Mentalization as a predictor or outcome of psychotherapy in psychodynamic treatment? Jana Volkert, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Holger Schulz, University Medical Center Hamburg-Eppendorf, Germany; Maria Dehoust, University Medical Center Hamburg-Eppendorf, Germany; Anna Levke Brütt, University Medical Center Hamburg-Eppendorf, Germany; Sylke Andreas, Universität Witten, Germany

Facilitating clients' movement in the direction of secure attachment: A Task Analytic Investigation Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Sarah Daniel, University of Copenhagen, Denmark

Discussant: Henning Schauenburg, Heidelberg University, Germany;

Friday | 10:30 AM--12:00 PM | Room 14

Practice into research and back again in child psychotherapy

Learning from research: adopting STPP into clinical practice Jocelyn Catty, Tavistock Clinic, London, UK

Doing it collaboratively! A case study of designing quantitative effect-studies on narrative family therapy in a local clinical context Nina Tejs Jorring,

Time and Psychotherapy: How do child and adolescent psychodynamic psychotherapists working in NHS settings talk about time as a factor in therapeutic work? Joanna Kathleen Bent-Hazelwood, Birkbeck University

Children's perceptions towards group-psychotherapy: meaning, process, and the contribution of animals Orit Harel, Bar Ilan University

Prospective cohort study about the outcome of short-term-psychotherapy with children, adolescent and their families in a psychiatric ambulance Sabine Pachta, Medical University of Vienna, Austria

58. Panel

child & family Moderator: Jocelyn Catty, Tavistock Clinic, London, UK

## 59. **Panel**

Moderator: Johannes C. Ehrenthal, University of Klagenfurt, Austria

# Friday | 10:30 AM--12:00 PM | Room 15 Personality characteristics in psychotherapy II

Clinical applications of psychotherapy research: Levels of personality functioning as outcome, mediator and moderator Johannes C. Ehrenthal, University of Klagenfurt, Austria

Modelling vulnerability for psychopathology and its associations with childhood maltreatment and mentalising Tobias Nolte, University College, London, UK; Laura Gibbon, University College, London, UK; Read Montague, University College, London, UK; Peter Fonagy, University College, London, UK

Perfectionism' Negative Impact in Psychotherapy:
The Perfectionism Social Disconnection Modeland
Clinical Process and Outcome Paul L Hewitt,
University of British Columbia, Vancouver, Canada;
Samuel Mikail, Sunlife Financial; Gord Flett, York
University, Canada

## 60. **Panel**

psychotherapy integration Moderator: Antje Gumz, Berlin University of Psychology Friday | 10:30 AM--12:00 PM | Room 2

Alliance, reflective functioning, and
language: Basic factors of psychodynamic
psychotherapy

Implementation of Alliance-Focused Training to the German health care system Laurence Reuter, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Reflective functioning as a specific factor in psychotherapy: a systematic review Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Patient crying and supportive interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria

Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

## 61. Panel

therapist effects Moderator: David Orlinsky, University of Chicago, USA Friday | 10:30 AM--12:00 PM | Room 6

Therapists as Persons, Persons as Therapists:
Converging Personal and Professional Facets

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Therapeutic Work with Clients David Orlinsky, University of Chicago, USA; Michael Helge Rønnestad, University of Oslo, Norway

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Professional Development Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA

Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Thomas Schröder, University of Nottingham, UK;

Friday | 10:30 AM--12:00 PM | Room 7

Practice oriented research with children, parents, and caregivers in a context of adverse early relationships and complex trauma

62.

## Panel

child & family Moderator: Liselotte Grünbaum, Aalborg University, Denmark

This shared parenting we do is hard to get your head around Caryn Onions, Mulberry Busch School

Sibling figures in mind and as reported by caregivers
-- a psychoanalytic case study of complex
trauma Liselotte Grünbaum, Aalborg University,
Denmark

Placement breakdown in foster care with children under-five: a psychoanalytic view of the caregiving relationship under stress Gillian Sloane Donachy, NHS Greater Glasgow & Clyde

Discussant: Gerry Byrne, Oxford Health NHS Foundation Trust;

Friday | 10:30 AM--12:00 PM | Room 8 Elucidating clinical outcome and drop-out: Giving authority to the experience and private theories of adolescent and adult patients with depressive symptoms

When psychotherapy does not work. Lessons from the experiences of young adults in psychoanalytic psychotherapy Camilla von Below, Stockholm University, Sweden; Andrzej Werbart, Stockholm University, Sweden

Giving depressed patients a voice: their experience of the outcome and helpful and unhelpful factors of long-term psychoanalytic psychotherapy Imke Ahlers, Tavistock Clinic, London, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust

A typology of therapy dropout in depressed adolescents Sally O'Keeffe, University College, London, UK; Peter Martin, University College, London, UK; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Sheila Butler, The Open University UK and KMPT NHS:

Friday | 10:30 AM--12:00 PM | Room 9

Change processes in child and adolescent psychotherapy

63. Panel

evidence-based psychotherapies Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

64. Panel

Moderator: Fredrik Odhammar, The Erica Foundation What have we learnt from young people about disclosing sexual abuse experiences? Emma Brennan, Dublin City University; Rosaleen McElvaney, Dublin City University

Hospitalized children: symbolic play assessment, coping strategies and level of anxiety adriana lis, University of Padova, Italy; Daniela Di Riso, University of Padova, Italy; Elisa Delvecchio, university of Perugia Italy; Cristina Alberti, University of Padova, Italy; Susy Comunian, University of Padova, Italy; Diana Mabilia, University of Padova, Italy

Different perspectives in measuring processes in psychodynamic child psychotherapy Fredrik Odhammar, The Erica Foundation; Geoffrey Goodman, Long Island University, USA; Gunnar Carlberg, The Erica Foundation

# 65. **Brief Paper Session**

Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London Friday | 10:30 AM--12:00 PM | Room 11 Change processes I

Four Perspectives on the Change Process in a Single Case Study: Client, Therapist, Outcome Researcher, and Process Researcher Jan Roubal, Masaryk University in Brno, Czech Republic; Roman Hytych, Masaryk University in Brno, Czech Republic; Rolf Sandell, Linköping University and Lund University, Sweden; Tomas Rihacek, Masaryk University in Brno, Czech Republic

Change in dynamic psychotherapy. What differentiates good and poor outcome cases. Giulio de Felice, Sapienza University of Rome & NCU University, London; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco F. Orsucci, University College of London & NC-IUL University of London

Narrative Change Process in Dilemma-Focused Intervention: The Case of Maria Danilo Moggia, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Víctor Vela, Universitat de Barcelona, Spain; Maria Manteca-Gómez, Universitat de Barcelona, Spain

Indices of change: analyzing the indexical properties of data from psychotherapy case work to discern patterns of therapeutic change over time John Hills, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

Semiotic Dynamics: How Language is

**Changing** Franco F. Orsucci, University College of London & NC-IUL University of London; Giulio de Felice, Sapienza University of Rome & NCU University, London

66. Lunch Friday | 12:00 PM--1:00 PM | North Writing School Lunch

67.

Structured Discussion
practice-training-research
networks
Moderator: Georgia Lepper,
University of Exeter UK

Friday | 1:00 PM--2:00 PM | Room 1

The UKCP 'Moments of Meeting' PRN: A learning experience in the common ground between research and practice

The MOM project design and what have we learnt from the Research side? Tirril Harris, Kings College London

**Commentary and discussion** Sheila Butler, The Open University UK and KMPT NHS

68.

Structured Discussion
quantitative & qualitative
method
Moderator: Franco F Orsucci.

University College, London, UK

Friday | 1:00 PM--2:00 PM | Room 11

Complexity Science In Psychotherapy

Discussants: Franco F. Orsucci, University College of London & NC-IUL University of London; Wolfgang Tschacher, University of Bern, Switzerland; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Giulio de Felice, Sapienza University of Rome & NCU University, London;

#### **Panel**

attachment & development Moderator: Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel Friday | 1:00 PM--2:00 PM | Room 14

Studying change processes and therapy outcomes in psychotherapy assisted by animals among children

Studying change processes and therapy outcomes in psychotherapy assisted by animals among children with emotional distress. Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel

Animal-Assisted Group-Psychotherapy for Children: Conceptualization and a Mixed Methods Research Orit Harel, Bar Ilan University; Shlomo Romi, Bar Ilan University; Deborah Court, Bar Ilan University

Discussant: Nick Midgley, UCL / Anna Freud National Centre;

Friday | 1:00 PM--2:00 PM | Room 15 **Personality disorders** 

70.

Panel

Moderator: Reitske Meganck, Ghent University, Belgium

What is the impact of treatment duration of psychologically based interventions for adults with borderline personality disorder? A systematic review. Amanda Spong, Cambridgeshire & Peterborough NHS Trust

Negative Delusion and Agentic Selfhood in Borderline Personality Disorder Dr Anna D R Bergqvist, Manchester Metropolitan University

Beyond the impasse: reflections on dissociative identity disorder Reitske Meganck, Ghent University, Belgium

71. Panel Friday | 1:00 PM--2:00 PM | Room 2 Empathy and compassion

Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

Therapist Empathy and Psychotherapy Outcome: An

**Updated Meta-analysis and Review** Robert Elliott, University of Strathclyde, Glasgow, UK; Arthur Bohart, Saybrook University, San Francisco, USA; Jeanne Watson, University of Toronto, Canada; David Murphy, University of Nottingham, UK

Compassion in Psychotherapy: Views and experiences of psychotherapists Neža Uršič, University of Ljubljana, Faculty of Arts, Department of Psychology; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

Development and evaluation of a brief Self-Practice Compassion-Focused Therapy intervention prior to Treatment as Usual for trauma patients: A Pilot Randomised Controlled Trial Claire Michelle Rycroft, University of Lincoln; Thomas Schröder, University of Nottingham, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Paul Gilbert, university of Derby

# 72. **Brief Paper Session**

Friday | 1:00 PM--2:00 PM | Room 8 **Qualitative / Conceptual Studies** 

Moderator: Nini Fang, University of Edinburgh

No wonder: the problem of 'depression' in psychodynamic practice Nini Fang, University of Edinburgh

Narcissistic difficulties and development of relationship with authority in psychotherapy: qualitative analysis of subjective experience Dovilė Petronytė - Kvedarauskienė, Vilnius University, Lithuania; Gražina Gudaitė, Vilnius University

How to Research Clients' Experiences in Sandplay Therapy?- A Methodological Exploration Ying LIU, The University of Edinburgh, UK

The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). Dr Kevin J. R. Wright, South London & Maudsley NHS MH Trust

# 73. **Meeting**

Friday | 1:00 PM--2:00 PM | Room 10 **European Country Coordinators** 

Moderator: Stig Poulsen, University of Copenhagen, Denmark

# 74. Structured Discussion practice-training-research networks Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Friday | 2:00 PM--3:30 PM | Room 6
The SPRISTAD Study of Psychotherapist
Development in Training -- Experiences and
challenges of data collection in different
countries and its impact on research activity

Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Irene Messina, University of Padua; Michael Helge Ronnestad, University of Oslo, Norway; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Biljana van Rijn, Metanoia Institute; David Orlinsky, University of Chicago, USA; Bernhard Strauss, University of Jena, Germany; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; David Orlinsky, University of Chicago, USA; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; David Orlinsky, University of Chicago, USA;

#### Structured Discussion

evidence-based psychotherapies Moderator: Björn Philips, Stockholm University, Sweden Friday | 2:00 PM--3:30 PM | Room 9

No such fool as Sweden: National guidelines and their influence on the practice of psychotherapy

Discussants: Aarno A. Laitila, University of Jyväskylä; Glenys Parry, University of Sheffield, UK; Björn Philips, Stockholm University, Sweden; Stig Poulsen, University of Copenhagen, Denmark; Jan Ivar Røssberg, Oslo University Hospital, Norway; Henning Schauenburg, Heidelberg University, Germany;

## 76. **Panel**

evidence-based psychotherapies Moderator: Sven Rabung, Alpen-Adria-Universität Klagenfurt

# Friday | 2:00 PM--3:30 PM | Room 1 The value of systematic feedback in psychotherapy

Evidence for systematic feedback in psychotherapy: an overview of reviews Sven Rabung, Alpen-Adria-Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt

The overall effect of systematic feedback in outpatient psychotherapy: a systematic review with meta-analysis Rebecca Kratochvil,
Alpen-Adria-Universität Klagenfurt, Klagenfurt,
Austria; Jonas Lüdemann, Institute of Psychology,
Alpen-Adria Universität Klagenfurt; Sven Rabung,
Alpen-Adria-Universität Klagenfurt

The effect of systematic feedback on the therapy outcome of not-on-track outpatients: a systematic review with meta-analysis Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Discussant: Bruce Wampold, University of Wisconsin, Madison, USA;

#### **Panel**

quantitative & qualitative method Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria Friday | 2:00 PM--3:30 PM | Room 11 Is it going to rain in Oxford? How psychotherapy research could change to allow for individual therapeutic decision making.

Phase Transitions in Psychotherapy: Bridging the Gap Between Theory and Practice Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Emotion Network Dynamics in Major Depressive Disorder: Why some patients may improve during psychotherapy whereas other patients do not. Maartje Eijlander, Radboud University, Nijmegen, Netherlands; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Angelique Cramer, Tilburg University; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University.

Early-Warning Signals for Clinical Transitions in Clients with Mood Disorders Merlijn Olthof, Radboud University, Nijmegen, Netherlands; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Guido Strunk, Complexity-Research Vienna

Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial. Christien Slofstra, University of Groningen, Netherlands; Maaike Nauta, University of Groningen, Netherlands; Laura Bringmann, University of Groningen, Netherlands; Nicola Klein, University of Groningen, Netherlands; Nikolaos Batalas, Eindhoven University of Technology; Marieke Wichers, University of Groningen, Netherlands; Claudi Bockting, University of Groningen, Netherlands

Discussants: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria;

#### **Panel**

translational research Moderator: Bergljot Gjelsvik, University of Oxford Friday | 2:00 PM--3:30 PM | Room 15

The psychology of suicidal imagery: Clinical implications and possibilities for negotiating urges

Suicidal imagery: A catalyst in the suicidal process? Bergljot Gjelsvik, University of Oxford; Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway

Key characteristics of flash-forwards in recurrently suicidal patients Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway; Bergljot Gjelsvik, University of Oxford

'I wanted to kill the body, not the experience'.

Suicidal imagery as transitional space. Hanne Weie Oddli, University of Oslo, Norway; Kirsten Benum, University of Oslo, Norway; Eleanor Chatburn, University of Oxford; Bergljot Gjelsvik, University of Oxford

Discussant: Margrethe Halvorsen, Oslo University Hospital, Norway;

Friday | 2:00 PM--3:30 PM | Room 2

Relational mind: Combining discursive research and embodied synchrony in studying couple therapy

Embodied dialogues in couple therapy sessions with two therapists Juha Holma, University of Jyväskylä

Moving beyond language in discursive research on psychotherapy: Examining embodied and discursive aspects of positioning in one couple therapy Evrinomy Avdi, Aristotle University of Thessaloniki

Disconnection in transition phase to parenthood Helena Päivinen, University of Jyväskylä

Discussant: Chris DH Evans, University of Roehampton;

# 79. **Panel**

quantitative & qualitative method Moderator: Juha Holma, University of Jyväskylä

#### **Panel**

Moderator: Sidse Arnfred, University of Copenhagen, Denmark

# Friday | 2:00 PM--3:30 PM | Room 7 Randomized Controlled Trials of CBT

Computer-assisted Cognitive-behavior Therapy versus standard Cognitive-behavior Therapy: A summary of findings Marna S Barrett, University of Pennsylvania, Philadelphia, USA; Tracy Eells, University of Louisville, USA; Greg Brown, University of Pennsylvania, Philadelphia, USA; Jesse Wright, University of Louisville, USA; Michael Thase, University of Pennsylvania, Philadelphia, USA

Rumination-focused cognitive behavioural therapy (CBT) versus standard CBT for depression: a phase II trial Morten Hvenegaard, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Stine Møller, University of Copenhagen, Denmark; Stephen Austin, University of Copenhagen, Denmark; Ben Grafton, University of Western Australia, Perth; Morten Kistrup,; Nicole Rosenberg, Aarhus University, Denmark; Henriette Holm, SDU, Denmark; Edward Watkins, University of Exeter

Trans-diagnostic group CBT vs. standard group CBT for depression, social anxiety disorder and agoraphobia/panic disorder -- an example of the complexity of group therapy RCT design Sidse Arnfred, University of Copenhagen, Denmark; Ruth Aharoni, Mental Health Capital Region, Copenhagen; Stig Poulsen, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Nicole Rosenberg, Aarhus University, Denmark; Mikkel Arendt, Psychiatric Hospital Risskov, Aarhus; Bo Bach, Mental Health Region Zealand; Nina Reinholt, University of Copenhagen, Denmark

Analysing results with different statistical models: The randomized controlled trial on cognitive behavioral therapy and systemic therapy for social anxiety disorders. Laura Klewinghaus, Heidelberg University, Germany; Christina Hunger, University Hospital, Heidelberg, Germany; Rebecca Hilzinger, University Hospital, Heidelberg, Germany; Johannes Mander, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Jochen Schweitzer, University Hospital, Heidelberg, Germany

#### Panel

alliance & interpersonal process Moderator: Thomas Schröder, University of Nottingham, UK Friday | 2:00 PM--3:30 PM | Room 8 Intersession experiences (ISE) - filling in the gaps.

Introduction: **35** years of ISE research Thomas Schröder, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK

Intersession experiences of British psychological therapists studied in depth Danielle De Boos, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK

Intersession experiences of British psychological therapists studied over time. Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK; Nima Moghaddam, University of Lincoln, UK

The interaction between in-session processes and intersession experiences in patients with mental disorders from a psychodynamic perspective. Thorsten-Christian Gablonski, Heidelberg University, Germany; Sylke Andreas, Universität Witten, Germany

Methods of longitudinal Cluster Analysis versus Growth Curve Modelling of Intersession Trajectories: A reanalysis of the ANTOP-Intersession Experience Data. Armin Hartmann, University of Freiburg, Germany

#### 82.

## **Brief Paper Session**

Moderator: Susanne Lunn, University of Copenhagen, Denmark Friday | 2:00 PM--3:30 PM | Room 10 Randomized Controlled Trials

Effectiveness of EMDR in patients with substance use disorder and comorbid PTSD: a randomized controlled trial Annett Lotzin, University Medical Center Hamburg-Eppendorf, Germany; Laycen Chuey-Ferrer, AHG Clinic Dormagen; Arne Hofman, EMDR-Institute Germany; Peter Liebermann, EMDR Institute Germany; Ingo Schäfer, University Medical Center Hamburg-Eppendorf, Hamburg

The psychodrama in the treatment of obesity:
process and outcome study Filipa Mucha Vieira,
University of Porto; Gabriela Moita, Portuguese
Society of Psychodrama; Célia Sales, University of
Porto; Sandra Torres, University of Porto

Improving cognitive function in serious mental health disorders. Gary Donohoe, National University of Ireland Galway

**TAU** nose to nose with CBT in treatment study. What **TAU** achieves that? Ole Hultmann, University of Gothenburg; Ulf Axberg, University of Gothenburg

Bias in psychotherapy research -- a case example Susanne Lunn, University of Copenhagen, Denmark

# 83. **Brief Paper Session**

Friday | 2:00 PM--3:30 PM | Room 14

Treatment for children and adolescents

Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

The narrative authorship model with children: a clinical example Margarida Rangel Henriques, Faculty of Psychology and Sciences of Educacion of University of Porto, Portugal; Sara Silva, University of Porto; Alexandra Silva, University of Porto; Miguel Gonçalves, Psychology Research Center, University of Minho

What Happens At The Point of NOT Understanding - working through shame to having an open responsiveness in the classroom setting. Vanessa McHardy, UKCP

Counselling demand and provision in primary schools in Ireland Deirdre Dooley Judge, Dublin City University; Rosaleen McElvaney, Dublin City University; Evelyn Gordon, Dublin City University; Amy Byrne, Dublin City University

Maypole Dancing and Grotstein's "Bedlam": Complexity and Intensity in the Therapeutic Encounter in an Adolescent Psychoanalytic Psychotherapy Group Dr Monique M-C Maxwell, Tavistock Clinic, London, UK Evaluation of i-THRIVE decision aids for improving shared decision making in child and youth health Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.; Rosa Town, UCL and ANFCC; Emilios Lemoniatis, Tavistock Clinic, London, UK; Julian Childs, University College, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre; Anna Moore, UCL and AFC

84. **Plenary**  Friday | 4:00 PM--5:30 PM | South Writing School Closing Plenary

Moderators: Miranda Wolpert, Anna Freud Center, London, UK; Julian Rubel, University Trier, Germany

85. **Banquet** 

Friday | 7:00 PM--11:00 PM | Grand Hall, Balliol College

**Conference Banquet** 

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